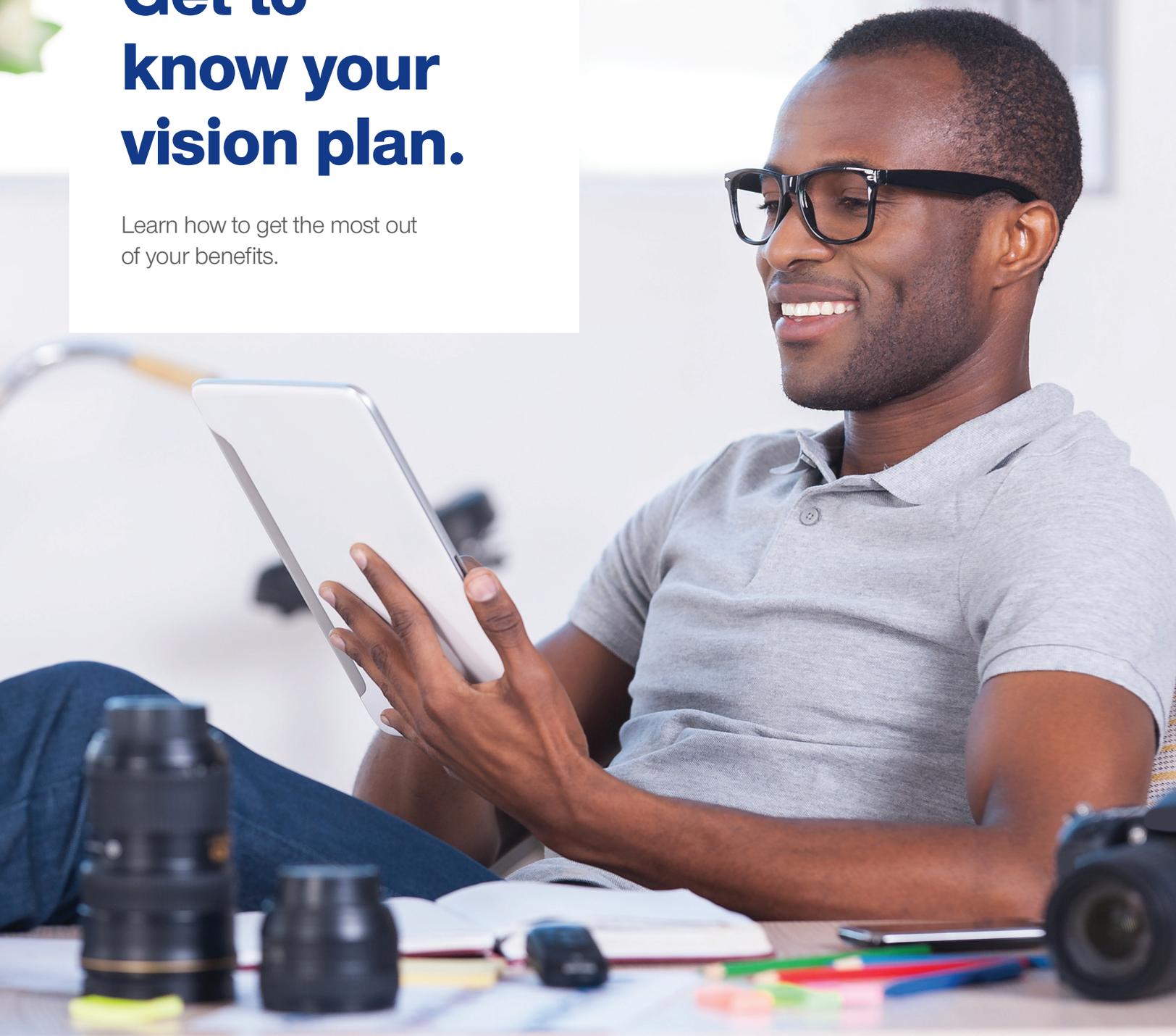


# Get to know your vision plan.

Learn how to get the most out  
of your benefits.



# This guide will help you understand what your vision plan covers, how to use your plan and ways to save money.

## What's covered?



### Eye exam.

Your plan includes a fully covered exam. A copay may apply.

Your plan uses Spectera Eyecare Networks, a national network of eye doctors, which includes optometrists and ophthalmologists. They are located at both private practice and retail settings. Network eye doctors can help save you money.



### Frame allowance.\*

When you use a network provider, you can use a frame allowance to help buy any frame your eye doctor offers.



### Contact lens benefit.\*

You are eligible to get contact lenses, a fitting and up to 2 follow-up visits. Choose from popular brands, including some that are fully covered.



### Lens options.\*

Popular lens options are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no cost.



### Additional pairs of glasses.\*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

## Need help?



### Visit [myuhcvision.com](https://myuhcvision.com).

Log in to your member website for 24/7 access to personal details about your vision plan.

### Sign in to [myuhc.com](https://myuhc.com)®.

If you have a UnitedHealthcare health plan, you can access both your vision and health plan benefits here.



### Call toll-free

**1-800-638-3120, TTY 711.**

If you don't have computer access, need language assistance or can't find answers, call us Monday through Friday, 7 a.m. to 10 p.m. CT or Saturday 8 a.m. to 5:30 p.m. CT.

# Take steps to protect your eyes.

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## Find an eye doctor in your network.\*

Choose from local and national network providers in Spectera Eyecare Networks. Here are just some of the well-known retail locations in your network:

Log in to [myuhcvision.com](http://myuhcvision.com) to search by provider name, specialty or location.

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## Schedule your eye exam.

Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health.

If you get headaches, eyestrain or blurry vision, it may be time for new glasses. In some cases, medications can cause these issues, but symptoms may be a sign of a more serious problem. An eye exam can help find any underlying causes.

### Get a complete eye exam.

A dilated exam lets your doctor look inside your eye and check your eye health. The exam can also show early signs of illness, even before other parts of your body are affected. At your appointment, be sure to:

- State that you have vision insurance with UnitedHealthcare.
- Give your name and date of birth.

You don't need your ID card to use your benefits. If you would prefer to have an ID card, you may access it from your computer or mobile device at [myuhcvision.com](http://myuhcvision.com).

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## Discover more ways to save by using [myuhcvision.com](http://myuhcvision.com).

### Laser vision correction.

Save up to 35% off the national average price of laser vision correction at more than 900 QualSight® LASIK locations nationwide.\*\*

### Contact lenses.

Order contact lenses at [uhccontacts.com](http://uhccontacts.com) online for 10% off.

### You can also save on hearing aids.

Get preferred pricing on custom-programmed hearing aids, starting at \$699 each, through UnitedHealthcare Hearing.

Spectera Eyecare Networks offers a broad choice with more than 100,000 access points for care.\*

AMERICA'S BEST | CONTACTS & EYEGLASSES.

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EYEGLOSS  
WORLD

For Eyes   
by GrandVision

 Visionworks

WARBY PARKER

\* Not all providers participate in all plans. Check with your provider before using your benefits. Network count as of Oct. 1, 2019.

\*\* Network location count as of Oct. 1, 2019.

