State Health Insurance Assistance Program

Making the most of Medicare in Maryland







Counseling

Trained counselors are located in all 23 counties and Baltimore City.



Assistance

Walking you through Medicare.

Counselors can discuss:

- ☐ Medicare Part A: Hospital Insurance
- ☐ Medicare Part B: Medical Insurance
- ☐ Medicare Part C: Advantage Plans
- ☐ Medicare Part D: Prescription Drug Plans
- ☐ Financial Assistance for Low-Income Beneficiaries
- ☐ Billing Issues, Appeals, Denials, and Grievances
- ☐ Medicare Fraud and Abuse
- □ Volunteer Opportunities
- ☐ Community Presentation Requests

Counselors throughout Maryland

Get Answers to Questions about:

- ☐ Coverage Changes
- ☐ Preventive Services
- ☐ Out of Pocket Expenses
- ☐ Eligibility Criteria
- ☐ Coverage Gaps
- ☐ Who Pays First
- ☐ Financial Help w/Copays
- ☐ Medicare Fraud
- ☐ Your Rights



LOCAL HELP FOR PEOPLE
WITH MEDICARE



Larry Hogan | Governor

Boyd K. Rutherford | Lt. Governor

Rona E. Kramer | Secretary



ALLEGANY COUNTY

301-783-1710

ANNE ARUNDEL COUNTY

410-222-4257

BALTIMORE CITY

410-396-2273

BALTIMORE COUNTY

410-887-2059

CALVERT COUNTY

410-535-4606

CAROLINE COUNTY

410-479-2535

CARROLL COUNTY

410-386-3800

CECIL COUNTY

410-996-8174

CHARLES COUNTY

301-934-9305

DORCHESTER COUNTY

410-376-3662

FREDERICK COUNTY

301-600-1234

GARRETT COUNTY

301-334-9431

HARFORD COUNTY

410-638-3025

HOWARD COUNTY

410-313-7392

SOMERSET, WICOMICO, & WORCESTER COUNTIES

410-742-0505

KENT COUNTY

410-778-2564

MONTGOMERY COUNTY

301-255-4250

PRINCE GEORGE'S COUNTY

301-265-8471

QUEEN ANNE'S COUNTY

410-758-0848

OPTION 3

ST. MARY'S COUNTY

301-475-4200

EXT. 1064

TALBOT COUNTY

410-822-2869

EXT. 231

WASHINGTON COUNTY

301-790-0275

HELP IS ALSO AVAILABLE 24 HOURS A DAY, INCLUDING WEEKENDS 1-800-MEDICARE | 1-800-633-4227



STILL NEED HELP? CONTACT:
MARYLAND DEPARTMENT OF AGING
1-800-243-3425 | 410-767-1100
AGING.MARYLAND.GOV



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