# The Graduate School Newsletter

Fall 2022

#### Welcome from the Dean of the Graduate School



To all of our new and returning graduate students, welcome to the 2022-23 academic year! I hope you enjoy the fall issue of the Graduate School newsletter where you will find stories about accomplished alums, exciting new programs (think: <u>nutrition</u>), and a number of updates on new opportunities/events geared toward our graduate students and alums throughout the fall semester. Our guiding principle, after all, is YOUR success.

To keep current with the goings-on here at The Graduate School, I hope you'll follow us on all socialmedia platforms (links below) and tune in to our new bi-weekly podcast, <u>A Degree Further</u>, which will feature exceptional alumni, innovative faculty and successful student stories starting this September. In closing, I hope that your summer was revitalizing and that your fall semester is off to a great start. Please do not hesitate to let my staff or me know how we can improve your time here at Hood. Thank you for choosing Hood College—your contributions enrich our community! #YouBelongHere

Best wishes, April M. Boulton, Ph.D. Dean of the Graduate School <u>GradDean@hood.edu</u> 301-696-3600

### Click here to share your good news!



It's that time again—time to brag! We are always looking for stories about the wonderful accomplishments of our students—both current and alumni. To facilitate the collection of such good news, we have a <u>handy online form</u> for you to use, as often as you like. Whether you just presented at a conference or received an academic award or work promotion, we want to know about it! <u>So what</u> <u>are you waiting for?</u>

#### **Mental Health Update for Graduate Students**



Did you know that all graduate students can speak to a licensed clinical mental health counselor at **no charge** through the Hood College Counseling Center? With the College's updated <u>client portal</u>, students can easily make an appointment with the counseling center. Interested students can also <u>click this link</u> to learn more about our current mental health resources for students. The counseling office is now located room **8A of the Apple Resource Building**, just two floors below the Graduate School office in the Apple building. Interested students can visit the counseling office inperson, or email <u>counselingservices@hood.edu</u> for more information.

<u>Meet John Slick M.S. '22, LGPC, NCC</u>, who is a recent graduate of Hood College's <u>Clinical Mental Health Counseling</u> program and is the College's full-time mental health counselor. John is a Licensed Graduate Professional Counselor (LGPC) in the state of Maryland and is a Nationally Certified Counselor (NCC).

John will be working with current graduate and undergraduate students, and managing the counseling office in his role. Reach out to John through the following channels:

Office: Apple Resource Building 8A Phone: 301-696-3103 Email: jslick@hood.edu

#### The Graduate Student Association (GSA) Corner

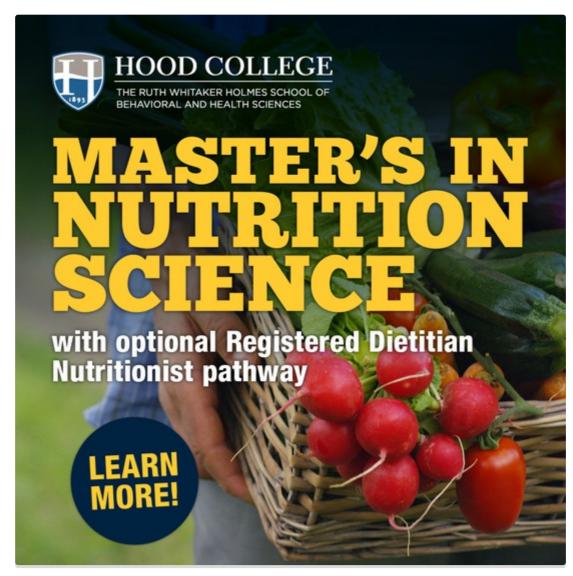
The Graduate Student Association (GSA) at Hood College is the sole extra-curricular club on campus dedicated to "all things graduate student." Our mission is to relay your opinion to the college's leadership. In addition, we organize events and opportunities for professional development & networking. Given our diverse graduate student body, the GSA supports a culture of JEDI (justice, equity, diversity and inclusion) with full transparency.



As we continue to promote communication across graduate students,

the faculty, and the administration, we hope to strengthen the relationship between the college and its graduate students by advocating for social unity, academic opportunities, and fair resource allocation. This fall, the GSA will continue to support grad-student success and professional development activities, in addition to some networking and social events. We look forward to being your advocates!

If you're not yet a member of the GSA, please join us at <u>https://bit.ly/HoodGSA</u>. To learn more, be sure to follow us on <u>Facebook</u>, <u>Instagram</u>, and <u>Twitter</u>. We hope you'll share our social media posts and help spread the word. Looking forward to a great year! ~Your GSA Executive Board



#### New Nutrition Master's Program Launching this Spring

We are excited to welcome our first class of new students for our brand-new master's in Nutrition Science program officially launching spring semester 2023. The program consists of three unique tracks: <u>Dietetics Licensure</u>, <u>General Studies</u>, and <u>Sustainability Studies</u>.

We are now accepting <u>applications</u> for the spring 2023 cohort, so spread the word. Whether you're a current senior ready to pursue graduate studies, or a community member looking for a career shift or promotion, a graduate degree in nutrition leads to several career paths from a registered dietician who works in nearly every healthcare and school setting in the U.S. to a nutritionist on the leading edge of the farm-to-table movement and other food-sustainability sectors. As an interdisciplinary field, nutrition is deeply rooted in chemistry, biology and the social sciences. Thus, this three-track program allows graduates to specialize in the fields of dietetics (including clinical nutrition), food security, molecular nutrition, nutritional biochemistry, public health nutrition and immunology nutrition.

Visit our <u>program website</u> or watch <u>this brief video</u> to learn more. <u>Click here</u> to begin your nutritionsciences application for this coming spring. You can also email our graduate admission liaison for Nutrition science, Nick Masucci, at <u>masucci@hood.edu</u>.

#### Take Advantage of Hood's 4PLUS Dual-Degree Program



This past academic year, we connected with over 150 undergraduate students across 14 different campus events to talk about the many ways <u>The Graduate School</u> supports our undergraduate students. Whether it was in the quad, in the classroom or online, it was great meeting so many new students, and we look forward to meeting many more to start the 2022-23 academic year!

Hood's <u>4PLUS program</u> is an accelerated, dual-degree program that allows undergraduate students to begin graduate coursework as early as their junior year. Eligible students can earn both their bachelor's and master's degrees in as little as 5 years. The <u>4PLUS</u> <u>program</u> includes the following master's degrees:

- Master's in Business Administration (MBA).
- M.S. in Information Technology
- <u>M.S. in Cybersecurity</u>
- M.S. in Clinical Mental Health or School Counseling
- <u>M.S. in Environmental Biology</u>
- <u>M.S. in Biomedical Science</u>

Current undergraduate students and recent alumni also receive special benefits for applying to the graduate school through our <u>ALTY (Alumni of the Last Three Years) scholarship program</u>. Benefits include waiving the application fee, last three graduate credits at no cost, and an expedited admission process. Interested students should contact our 4PLUS liaison, Nick Masucci '17, at 4PLUS@hood.edu for more information.

#### **Hunger at Hood?**

Although we are all fortunate to be part of a welcoming, resource-rich campus like Hood, we know that a handful of students, especially those without a campus meal plan, struggle with food insecurity from time to time. There is a campus initiative designed to support such students both graduate and undergraduate. Dubbed the "Campus Cupboard," this program aims to provide modest food staples and hygiene items to students with temporary need via an anonymous system. If you are currently experiencing food insecurity, simply email our secure mailbox at



<u>CampusCupboard@hood.edu</u>, which our wellness director moderates, to receive additional information on receiving this support.



#### Virtual Service Opportunity: Applicant Mentor Program

Are you a current grad student who takes pride in their graduate program and who enjoys connecting with peers in your field? We invite you to join our newly applicant-mentor network to help incoming grad students learn about the Hood community. Mentors receive special training and incentives for their support--all of which is provided via email or other virtual methods. For more information on becoming an applicant mentor, email <u>GoFurther@hood.edu</u>.



#### Welcome Military & Veteran Graduate Students!

The Graduate School thanks you for your service and welcomes all veterans, active duty personnel, National Guard and Reserve personnel, along with their dependents! Hood College prides itself on being a military-friendly college that promotes a variety of services to all military members and their families. Please be sure to check out our <u>Military Community website</u> where you will find useful resources on the Hood military committee, a special Hood College-Fort Detrick graduate scholarship, upcoming events, and more. For more information, contact the military liaison in our office, <u>Ms. Fowler</u> <u>Corsi</u>. Also, be sure to follow our **@hoodcollegemilitary** Instagram account!



#### **#YouBelongHere**

Inclusion is how we unleash the real power of diversity. At Hood College, we strive to foster a sense of belonging by engaging and supporting our diverse community--so many of whom are making a difference in the world. The Graduate School is proud of the accomplishments of our alumni, such as Dr. Cheryl L. Dyson appointed superintendent of Frederick County Public Schools and Dr. Ja'Bette Lozupone who received a 40 Under 40 award from the American Association for Women in Community Colleges. Hood College boosts a diverse graduate faculty and graduate staff as well, and we are grateful for the dissemination of diverse ideas and research. Every year, the Graduate School offers an array of cultural community events such as International Education Week, Holi, Diwali, Iftar and a Hispanic Heritage Month Celebration which lift up our beautiful mix of <u>cultures and traditions</u>.

We support our graduate students from the beginning to the end of their degree program, along with the curricular and faculty needs of all ~30 <u>graduate programs</u>. <u>Diversity, equity, and inclusion</u> are at the core of who we are: our commitment to these values is unwavering.

<u>The Graduate School at Hood College</u> welcomes students from all backgrounds, regardless of race, gender or gender identity, age, nationality, socio-economic status, or other demographic factors. All who embody Hood College's inclusive ideals are welcome here. #YouBelongHere



#### Free Online Tutoring Available for Hood Graduate Students!

One of the many excellent support services we provide busy graduate students is online tutoring and writing support with live, professional help. ThinkingStorm is our provider, which allows us to provide graduate students with free, online tutoring. To access online tutoring, click on the ThinkingStorm link in any of your Blackboard classrooms (under Tools). You will be automatically signed in to the online tutoring site; no separate username or password is required.

ThinkingStorm is available up to 24/7 for topics like Writing, Math, Science, Statistics, and more. Once you're logged in, simply use the menus on the ThinkingStorm homepage to connect with your desired option. Live support is available for most subjects, and you can also submit essays for asynchronous feedback via the ThinkingStorm Writing Center. We also welcome requests for additional content areas if tutoring for a specific subject is needed. Email <u>GradDean@hood.edu</u> to request additional subjects. In the meantime, tutoring is available in these areas:

- Advanced Stats
- Writing Center
- Live Writing
- Accounting
- Finance
- Markup & Programming Languages

#### **Student Success Station**

The Graduate School hosts a dedicated graduate assistant (GA) position whose sole focus is on graduate student success. We thank our outgoing coordinator, Alexis Ogren, for the phenomenal support she has provided this past year, along with the thoughtful wellness programming she developed. We are excited to welcome our incoming coordinator, Jazzmyn Proctor, who is a student in the <u>clinical mental health counseling</u> program. Graduate students will be receiving a welcome email

from Ms. Proctor with details on accessing various trainings and more. In the meantime, reach out to Jazzmyn for support anytime: <u>GradSuccess@hood.edu</u>.



#### EXPLORE, LEARN, CONNECT, CONTRIBUTE, INFORMATION INFOR

#### **Doctoral Domain**

Hood College is pleased to announce a new partnership with the Frederick County Chamber of Commerce whereby our doctoral program in organizational leadership, led by Dr. Nisha Manikoth, will provide an expanded and enhanced curriculum to the Leadership Frederick County (LFC) program. The 2022-23 Leadership Frederick County program will feature embedded leadership masterclasses, marking the first time in the program's history that graduate-level leadership instruction has been incorporated into the curriculum. Leadership Frederick County has been training emerging and existing leaders in the Frederick County community for 33 years, graduating more than 1,500 leaders to date. The nine-month experiential program offers an intensive and up-close look at the issues and opportunities facing the region. LFC introduces leaders to the realities, opportunities and challenges of Frederick County's civic and business communities and gives participants the opportunity to experience the power of working with other community leaders and organizations to influence positive growth and advancement of the region. The class meets monthly from August to May with program days focused on facets of the community such as history, agriculture, economic development, health and human services, and government. Dr. Manikoth has developed several new "value added" components to the LFC experience, which will be sure to keep this program first in its class.

#### **Director's Corner**

Do you remember how you found out about the <u>Graduate School</u> at Hood College? Chances are you heard about us from a friend, colleague or family member when researching graduate schools. Often, the most effective form of sharing information is via *word of mouth*! Digital ads and the internet are instrumental in spreading information on a broad scale but people turn to their own networks to gain personal insights and recommendations time and again.

That is why your word of mouth means the world to us – literally! Your shared experience with <u>The Graduate School</u> at Hood College can make its way around the word and reach someone in India who may have not heard of the College. So, we call on you to share your positive experience



at Hood College with others researching their graduate options. Here are 3 ways you can help share #HOODLOVE via your word of mouth:

**1. Get featured in our Hood graduate student and alumni story blogs.** We love to highlight the breadth of diverse experiences and backgrounds of our graduate students and alumni so get featured in our <u>graduate school blogs</u> which are posted on our graduate <u>website</u> and social media outlets. To be featured, email <u>gofurther@hood.edu</u>.

2. **Refer your networks to our graduate Open House events.** Let your personal and professional networks know that they can attend our regular Open House and Admission Café events (both virtual and in-person) to learn more about our graduate programs and meet program directors, admission staff and current students. They can register for our events <u>here</u>.

3. **Become part of our New Applicant Mentor Program.** If you would like to connect with prospective applicants looking to get current students or recent alumni insights, we would love to have you be part of our new applicant mentor program. You will be paired with a prospective graduate applicant by program or background so they can benefit from your insights and experience. Gift cards will be given to successful mentors as a token of appreciation. To sign up for the Hood graduate applicant mentor program, email <u>GoFurther@hood.edu.</u>

Remember what makes Hood unique? We are SMALL, AFFORDABLE, DIVERSE, CAREER-FOCUSED, FLEXIBLE and provide PERSONALIZED attention. Share the #HOODLOVE! Tanith Fowler Corsi Director of Graduate Admission

#### **Inspiring Alumni**



Learn about recent Hood graduate alumna, Ja'Bette Lozupone, <u>Organizational Leadership (DOL)</u> '20. Ja'Bette is a triple Blazer and the first Latina to earn a doctorate degree at Hood. She received a <u>40 Under 40 award</u> from the <u>American Association for Women in</u> <u>Community Colleges</u>. Previously, Lozupone created the <u>Achieving</u> <u>the Promise Academy</u> (ATPA), which provided one-on-one coaching and embedded classroom support to nearly 5,000 underserved students. She is currently leading the Aspen Post Secondary Success for Parents Initiative at Montgomery College. Recently, Lozupone launched her new business, <u>Wishful Doing</u>. Read more <u>here</u>.

#### **Personal and Career Advancement**

What makes The Graduate School at Hood College unique? We are small, diverse, flexible and provide personalized attention because we care about your career success! Career advancement is the most important reason people seek a graduate degree, in addition to personal enrichment and interest in a specific area of study. <u>Hood College</u> is here to support you in your career success from the very beginning. Here are some important offices you will want to "bookmark" as career partners during your time at Hood College:



#### • The Graduate School

The Graduate School offers many networking and professional development opportunities during the year such as the <u>Three Minute Thesis</u>, <u>Graduate Women Speed Mentoring</u>, <u>Cotton</u> <u>Cybersecurity Lecture Series</u>, <u>Dinner with the Dean and more</u>. International students can also attend <u>OPT/CPT career panels</u> to prepare them for program-related internships. For more information about graduate school events, click <u>here</u>.

• Graduate Student Association

Be sure to join the Hood Graduate Student Association to meet other Hood graduate students and take part in fun networking events. This is a great opportunity to make friends and professional contacts! To join the GSA, visit <u>https://bit.ly/HoodGSA</u>.

• The Center for Career Development and Experiential Learning

The Career Center at Hood College offers graduate student dedicated services such as resume reviews, internship and job listings, job fairs with local employers, speaker events, and more. For more information about Career Center events, click <u>here.</u>

• The Center for Student Success

The Hood Center for Student Success offers graduate level academic tutoring, accessibility services and student academic resources. To learn more, email <u>GradSuccess@hood.edu</u>.

#### <u>Academic Departments</u>

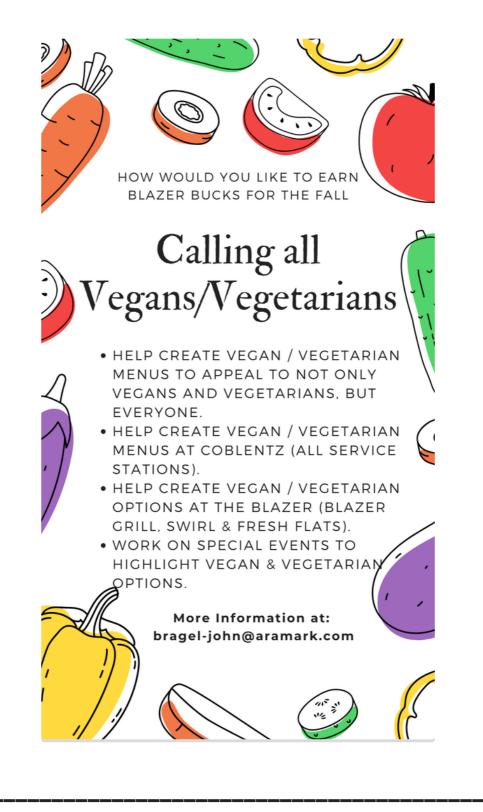
Finally, do not forget that your program faculty are your connections to the professional world, and they have excellent career advice and professional networks that you can tap into. Do not hesitate to reach out to the experienced and diverse faculty in your <u>academic department</u>.

Remember, we are here to support you throughout your Hood academic journey, so take advantage of the <u>many resources</u> that will assist you in growing and achieving your professional goals!

#### The Grad School Welcomes New Team Member: Anjali Jayant!



This month, The Graduate School welcomed Anjali Jayant as its new Executive Assistant & Graduate Event Manager. Born and raised in India, Anjali Jayant has diverse experience in all levels of education from elementary to higher education. She has served as an elementary school teacher and later worked in marketing at the Indian Institute of Planning and Management (IIPM) in New Delhi, India. More recently, Anjali worked as a paralegal at a Silver Spring, MD firm. She holds a bachelor's degree in economics from CMJ University in New Delhi and considers herself a lifelong learner. In her free time, she enjoys cooking/baking, traveling, as well as learning and reading about different cultures. She volunteers at an afterschool program and teaches English and Math to elementary students and non-native English speakers. Her favorite part of the day is spending time with her husband and two daughters.









### HOW WOULD YOU LIKE TO EARN BLAZER BUCKS FOR THE FALL SEMESTER? CALLING ALL

## **GLUTEN FREE DINERS**

#### JOIN THE FIRST OFFICIAL HOOD COLLEGE DINING SERVICES GLUTEN FREE DOMMITEE

- HELP CREATE GLUTEN FREE MENUS TO APPEAL TO NOT ONLY THOSE EATING A GLUTEN FREE DIET, BUT EVERYONE.
- HELP CREATE GLUTEN FREE MENUS AT COBLENTZ.
- HELP CREATE GLUTEN FREE MENU OPTIONS AT THE BLAZER (BLAZER GRILL, SWIRL & FRESH FLATS).
- WORK ON SPECIAL EVENTS TO INCLUDE GLUTEN FREE OPTIONS.

More Information at: bragel-john@aramark.com



#### Earn Money for Social Media Posts

If you're not already following the grad school on your favorite social-media platforms, you will want to do so SOON (see below for our links). From prize-based student competitions to emergent campus

Twitter, LinkedIn, Instagram or other social media accounts, read on. In exchange for weekly posts/tweets about Hood's Graduate School this fall, we'll reward you with an Amazon gift card in December—ranging from \$25-100, depending on the volume and regularity of your posts. This program is open to graduate students from <u>all</u> nationalities, backgrounds and programs. If you are #HoodProud and want to learn more, reply to <u>GradDean@hood.edu</u> by **AUG 31st**!

Twitter | LinkedIn | Instagram | Facebook



#### **Oct 4: CPT-OPT Event for International Students**



Our Principle Designated School Official (PDSO) will explain the policy and procedure for securing curricular practical training (CPT) or optional practical training (OPT) on your F-1 visa at this virtual event. We will also have a staff member from the Career Center there to demonstrate how to use some of their search engines for locating such CPT/OPT opportunities along with a panel of F-1 alumni who have gone through the process successfully. Please email our Director of International Student Services, Ms. Al-Dajane, at PDSO@hood.edu.

#### **Oct 4: Virtual Open House for Current Undergraduates & All**

Interested in learning more about Hood's <u>4PLUS</u> program? This accelerated dual-degree program allows undergraduate students to begin graduate coursework as early as their junior year. Eligible students can earn both their bachelor's and master's degrees in as little as 5 years. All undergraduates (first year through seniors) are welcome to attend one of the below virtual events. To learn more, register for one now:

- <u>Noon-1:00 p.m.</u>
- <u>5:30-6:30 p.m.</u>





#### Oct 13: Dinner with the Dean

Join me for dinner on Oct 13 in Whitaker 220 – anytime between 4:30-6:00 PM. Enjoy dinner with your peers and contribute to an ongoing conversation on strengthening graduate education here at Hood College. All are welcome, but we have limited seating. Thus, you must reserve your seat in advance by emailing <u>GradDean@hood.edu</u>.

## SPEED MENTORING

#### Nov 3: Speed Mentoring for Women in STEM

Join us for our sixth annual speed mentoring event for women in science. The Graduate School is cosponsoring this year's **virtual event** on November 3rd from 5:00-6:30 p.m. in partnership with our local chapter of <u>Graduate Women in Science</u> (GWIS). Attendees can explore new ways to grow your network and optimize your career savvy. In addition to speed mentoring sessions, keynote topics will include: "Optimizing your LinkedIn Profile" and "Interview Secrets." Come prepared to have a great time, whether you plan to participate, mentor or just observe. Email <u>GradDean@hood.edu</u> for more information or to reserve your spot for this live virtual event--space is limited and fills up fast.



#### Nov 10: Admission Cafe

Do you have a friend or colleague, who is ready to advance in their career? Share our online <u>Admission Cafe</u> event with your colleagues and friends/family with a bachelor's degree or higher. From STEM degrees to MBA and education programs, attendees can meet our admissions team and learn about the affordability and power of a Hood graduate degree at our Admission Café. Current undergraduate students interested in learning more about Hood's <u>4PLUS</u> program are also encouraged to attend one of the sessions below. All undergraduates (first year through seniors) are welcome to attend one of these virtual events. Email <u>GoFurther@hood.edu</u> to register now.

## International Education Week

#### Nov 14-18: International Education Week

Hood College is proud to observe and celebrate our third annual <u>International Education Week</u>. We encourage all Hood students, faculty and staff to participate in our week of special events which will include a Parade of Flags and cultural celebrations, like Diwali (see below)! International Education Week (IEW) is an opportunity to celebrate the benefits of international education and exchange worldwide. This joint initiative of the U.S. Department of State and the U.S. Department of Education is part of our efforts to promote programs that prepare Americans for a global environment and attract future leaders from abroad to study, learn, and exchange experiences. Want to get involved in the planning? Email our Director of International Student Services at <u>PDSO@hood.edu</u>.



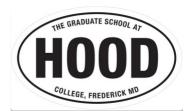
#### Nov 16: Diwali



Diwali is the Hindu Festival of Lights where good triumphs over evil. Every year, our event welcomes everyone in our community, regardless of religious/spiritual background. Our annual celebration will take place during International Education Week in Whitaker 220 (2nd floor) and will include authentic Indian foods and more! Please contact the Director of International Student Services, Ms. Al-Dajane, if you would like to help make this event special or just to get more details: <u>PDSO@hood.edu</u>.

## Nov 28-Dec 3: Grad Student Appreciation Week

In the final weeks of the semester, we know that stress is at an all-time high. During this period, we have a tradition where Hood faculty/staff like to show their support! It's called "Grad Week." We will have a table set



up in the lobby of all the major buildings before classes in the evening (and doctoral classes on Saturday), along with virtual "Zoom bys" for our online students. Stay tuned for more information as the semester draws to a close!



### HOOD COLLEGE GRADUATE SCHOOL



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- Hood College, Graduate School,...
- 📞 (301) 696-3600
- 🔀 gofurther@hood.edu
  - hood.edu/graduate

#### **#YouBelongHere**

