

It's time for Open Enrollment

A Reminder to Call Health Advocate

During open enrollment, you may have questions about your benefits or maybe you have a clinical or administrative issue that needs expert attention. Your Health Advocate benefit, paid for by your employer or plan sponsor, offers you access to a Personal Health Advocate, a healthcare and benefits expert who will help answer your questions.



Your Go-to Expert for Healthcare Help

- **Find the right doctors**, hospitals and other providers including researching treatment options and securing second opinions
- **Clarify benefit coverage**. Inform about any changes, new plan options and additional programs
- **Help schedule** appointments and tests with doctors, hospitals, facilities and hard-to-reach specialists
- **Resolve billing** and insurance claims issues, saving you time, money and stress
- **Assist in the transfer** of medical records, X-rays and lab results
- **Explain conditions** and treatment instructions
- **Help arrange eldercare services** including transportation, adult day care, long-term care, etc.

Remember... Your Personal Health Advocate can help you with benefits questions and a full range of healthcare and insurance-related issues. Eligible employees, their spouses, dependent children, parents and parents-in-law can all use the benefit. Just call or email answers@HealthAdvocate.com.

HealthAdvocate™
Always at your side