FALL COMMUNITY SERVICE FAIR 2018 GUIDEBOOK



DISCOVER VOLUNTEER & INTERNSHIP OPPORTUNITIES WITH 50 LOCAL ORGANIZATIONS!





Sponsored by the Martha E. Church Center for Civic Engagement and the Catherine Filene Shouse Center for Career Development

Catherine Filene Shouse Center for Career Development and Experiential Education

 $\begin{array}{c} \textbf{(301) 696-3583} \\ \textbf{Joseph Henry Apple Resource Center} - 2^{nd} \ Floor \end{array}$

Staff Contact List

Lisa Littlefield, Ph.D.

Director littlefield@hood.edu

Amani Al-Dajane

Assistant Director al-dajane@hood.edu

Bre Harwood '16

Career Development Program Manager harwood@hood.edu

Maura M. Page, M.A. '17

Employer Relations Manager page@hood.edu



Able & Willing International Education Foundation

http://ableandwilling.org

P.O. Box 4303 Frederick, MD 21705 (301) 685-3282

Jim Carpenter carpenterj@jeffersonmd.net

Able & Willing International Educational Foundation (AWIEF) is a grassroots nonprofit organization dedicated to establishing schools and improving health and nutrition in areas of extreme poverty and need. Most of our work since 1994 is in Democratic Republic of Congo with other projects in Kenya, Mali, Cameroon. The entirely volunteer staff coordinates physical construction of buildings and manages program development to ensure that schools and programs can ultimately govern and sustain themselves.

Desired Majors: Computer Science, Education, French, International Studies, Science & Technology. **Volunteer/ Internship Opportunities:** United States: Event planning, Media, Design Solar Powered Computer Learning Lab. In Africa: Teaching in Grades 1-12 in Technical School in Various Subjects: English, French, STEM, Auto Trade Skills. Art, Music, Sports (Tennis, Soccer, Basketball), Special Education.



American Red Cross

http://www.redcross.org/

1131 Conrad Court Hagerstown, MD 21740 (301) 739-0717

Julia Brown julia.brown@redcross.org

The mission of the American Red Cross is to provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies. For nearly a century, we have worked diligently to fulfill that mission on behalf of residents throughout Maryland. The American Red Cross is 501(c) (3) non-profit organization.

Desired Majors: Business Administration, Computer Science, Counseling, Education, Nursing, Social Work. **Volunteer/ Internship Opportunities:** Disaster Response, Preparedness Education, Service to the Armed Forces, Information Technology, Business Management, Marketing, Community Outreach, Casework, Administration, Hospitality, and more!



The ARC of Frederick County

http://arcfc.org/

620A Research Drive Frederick, MD 21703 (301) 663-0909

Shauna Mulcahy smulcahy@arcfc.org

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.

Desired Majors: Education, Psychology, Social Work.

Volunteer/ Internship Opportunities: Parent's Day Out Program: Working with children with development disabilities one Saturday a month. Sibshop Program: Volunteering with siblings of individuals with developmental disabilities one Saturday a month. One-on-one volunteering.



Better Angels

https://www.better-angels.org/

Jim Carpenter

carpenteri@jeffersonmd.net

Better Angels, a phrase from Lincoln's first inaugural speech, is a national citizens movement to reduce political polarization in the United States by bringing liberals and conservatives together to understand each other beyond stereotypes, forming red/blue community alliances, teaching practical skills for communicating across political differences, and making a strong public argument for depolarization.

Desired Majors: Communications, Non-Profit, Political Science.

Volunteer/Internship Opportunities: Organize Red/Blue Workshops and Community Alliances on Hood Campus or Local Community.



Boys and Girls Club of Frederick County

http://www.bgcfc.org/

413 Burck Street Frederick, MD 21701 (301) 600-1875

Lisa McDonald lisamcd@bgcfc.org

Boys & Girls Club of Frederick County (BGCFC) was established in 2002 and is open for the youth of Frederick County when school is out. BGCFC's Burck Street location houses programs for students ranging from elementary age to teen and there are always opportunities for education and fun!

Desired Majors: Business Administration, Communications, Education, Non-Profit, Psychology, Social Work. **Volunteer/Internship Opportunities:** Program Assistants, Tutors, Mentors, Social Media & Marketing.



Campus Compact Mid-Atlantic

https://www.mdccc.org/

401 Rosemont Avenue Frederick, MD 21701 (301) 696-3280

Corinne DeRoberts deroberts@ccmidatlantic.org

Campus Compact Mid-Atlantic is a non-profit membership association of public, private, 2- and 4-year colleges and universities. CCMA provides leadership to colleges and universities in Maryland, Delaware, and Washington, D.C. by advocating, supporting, and encouraging institutional participation in academic and co-curricular based public service and civic engagement programs. CCMA strengthens the capacity of member institutions to enhance student learning and to meaningfully engage with communities. The CCMA office is located on the Hood College campus in Frederick, Maryland.

Desired Majors: Business Administration, Communications, Economics, Global Studies, Non-Profit, Psychology, Social Work, Sociology.



Catoctin Furnace Historical Society, INC.

http://catoctinfurnace.org/

12525 Catoctin Furnace Road Thurmont, MD 21788 (443) 463-6437

Theresa Donnelly tdonnelly@catoctinfurnace.org

Catoctin Furnace is the site of an historic iron furnace and company village, which was in operation from the 18th to the early 20th century. The site is located 7 miles north of Frederick, but some internship opportunities would not require travel to the site.

Desired Majors: Anthropology, Archaeology, Archival Science, Art History, History, Museum Studies, Public History.

Volunteer/Internship Opportunities: Independent Studies, History Internships for Undergraduate and Graduate Students. Prior Experience Not Required.



Catoctin Region Guiding Eyes for the Blind

https://guidingeyes-md.org/

Becky Little

beckylittle123@gmail.com

We raise adorable Labrador and German Shepherd puppies in Guiding Eyes for the Blind to become exceptional guide dogs to people with vision loss. At 8 -10 weeks of age we welcome these pups into our homes, provide them with a loving environment, teach good house manners and people skills, utilize special training techniques, and socialize them to everyday experiences and to the world around them. Our goal is to serve in a volunteer capacity to help specially bred Guiding Eyes pups develop into well-adjusted and mannerly young adults. Most dogs will complete their training and graduate to help a visually impaired or blind individual. You will feel proud of your participation as a puppy raiser.

Desired Majors: Biology, Communications, Marketing, Non-Profit. **Volunteer/Internship Opportunities:** Puppy Raisers, Puppy Sitters.



Centennial Community of Hope

http://centennial-umc.org/

8 West Second Street Frederick, MD 21701 (301) 663-5273

Paul Nelson

paul.d.nelson@outlook.com

With a mission to welcome into fellowship with Christ those who hunger, those who feel alone, those who despair, and those who seek the grace and peace of God, Centennial Community of Hope envisions itself becoming a fellowship and community commons in which the spirit of God's love prevails; where people in need are nourished physically and spiritually, and where life skills are learned; and where people feel validated and empowered with hope to become a public voice about their quality of life and for the advancement of peace with justice in the community.

Desired Majors: Economics, Political Science, Psychology, Sociology, Social Work.



Community Living, INC.

http://communitylivinginc.org/

620-B Research Court Frederick, MD 21703 (301) 663-8811

Elaina Lyons

elainal@clifrederick.org

Community Living, Inc. (CLI) is a nonprofit that provides services to people who have intellectual and developmental disabilities. We advocate for inclusion and believe everyone deserves to be given an equal opportunity to succeed.

Desired Majors: Nursing, Special Education, Social Work, Sociology.

Volunteer/ Internship Opportunities: One-on-One Time with Participants, Landscaping at Group Homes.



Daybreak Adult Day Services

http://daybreakadultdayservices.org/

7819 Rocky Springs Road Frederick, MD 21702 (301) 696-0808

Rachael Darby

activities@daybreakadultdayservices.org

Daybreak Adult Day Services exists for the sole purpose of providing a safe, structured environment and a flexible therapeutic program of services and activities with individual plans of care designed to permit older adults of Frederick County to remain in their homes and communities, living as independently as possible, with dignity and a renewed sense of purpose and hope.

Desired Majors: Counseling, Gerontology, Psychology, Nursing, Social Work.

Volunteer/ Internship Opportunities: Activities in Large or Small Groups: Bingo, Dancing, Crafts, Card Games, Trivia, Seated Exercise, One-on-One Visits. Pinning Name Tags on Participants, Serve Lunch or Snack, Administrative Tasks.



Days End Farm Horse Rescue

 $\underline{https://www.defhr.org/}$

1372 Woodbine Road Woodbine, MD 21797 (301) 854-5037

Carrie Koehnlein-Alden volunteer@defhr.org

Since 1989, Days End Farm Horse Rescue (DEFHR) has gone from a small non-profit sheltering a few horses to a full-scale, well-respected national rescue and rehabilitation facility sheltering 110 to 150 horses annually. All horses come through animal protection authorities across Maryland and surrounding states. The mission of Days End Farm Horse Rescue is not only to rescue and rehabilitate suffering horses, but to prevent abuse and neglect through education and community outreach. DEFHR offers a wide variety of educational programs and internships, providing opportunities for experiential learning. DEFHR also shares online resources for learning about equine welfare, rescue, and rehabilitation.

Desired Majors: Communications, Education, Non-Profit, Social Work, Sociology.

Volunteer/ Internship Opportunities: Community Outreach, Equine Education Internships.



The Delaplaine Arts Center

http://delaplaine.org/

40 South Carroll Street Frederick, MD 21701 (301) 698-0656

Caitlin Gill cgill@delaplaine.org

The Delaplaine Arts Center provides the Frederick region with educational opportunities and experiences in the visual arts through classes, exhibits, and programs. Everyone deserves art!

Desired Majors: Art History, Art Education, Art Administration, Studio Art, Museum Studies.



Downtown Frederick Partnership

http://downtownfrederick.org/

19 East Church Street Frederick, MD 21701 (301) 698-8118

Leeann Dickerson leeann@downtownfrederick.org

Downtown Frederick Partnership works to enhance, promote and preserve the vitality and livability of Downtown Frederick, a national Main Street community. The Main Street Program is a preservation-based downtown revitalization approach. The goal of the Main Street Program is to strengthen the viability of traditional main streets and neighborhoods. Some of the events that Downtown Frederick Partnership hosts are: Alive @ 5, First Saturday, and Movie Nights.

Desired Majors: Business Administration, Communications, History, Humanities, Marketing, Organizational Management, Political Science.

Volunteer/Internship Opportunities: Marketing & Events Interns, Community Engagement Volunteers, Part-Time Event Staff.



Frederick Children's Chorus

https://fredcc.org/

10716 Etzler Mill Road Woodsboro, MD 21798 (301) 845-2451

Lee Fuhr lee.fuhr@fredcc.org

The Frederick Children's Chorus was founded on the principal that any child, regardless of training or financial standing, should be able to become the best singer they can be.

Desired Majors: Art, Business Administration, Communications, Marketing, Theatre.

Volunteer/ Internship Opportunities: Business Administration Internships, Marketing Internships.



Frederick Community Action Agency

https://www.cityoffrederick.com/183/Frederick-Community-Action-Agency

100 South Market Street Frederick, MD 21701 (301) 600-1506

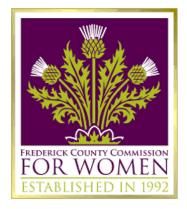
Brad Peterson

bpeterson@cityoffrederick.com

Through a wide array of programs and services, the Frederick Community Action Agency provides food, shelter, medical care, housing, and other forms of assistance to families and individuals that are low-income or homeless.

Desired Majors: Business Administration, Communications, Education, Marketing, Non-Profit, Social Work, Sociology.

Volunteer/ Internship Opportunities: AmeriCorps Positions, Part-Time Outreach Worker.



Frederick County Commission For Women

https://frederickcountymd.gov/1520/Commission-For-Women

401 Sagner Avenue Frederick, MD 21701 (301) 600-1066

Annie Jones ajones@frederickcountymd.gov

The Frederick County Commission For Women (FCCFW) is a non-partisan organization tasked with advising Frederick County government on issues affecting women and families in alignment with our mission and purpose. Our mission is to create a stronger community by addressing challenges and fostering unlimited opportunities For All Women.

Desired Majors: Communications, Education, Global Studies, History, Marketing, Non-Profit.



Frederick County Department of Aging

https://frederickcountymd.gov/54/Department-of-Aging

1440 Taney Avenue Frederick, MD 21702 (301) 600-1605

Effie Bryant

ebryant@frederickcountymd.gov

The mission of the Frederick County Senior Services Division is to develop and administer programs and activities that support older adults and adults with disabilities in their efforts to remain healthy, active, and independent members of the community. Frederick County Department of Aging provides, coordinates, and advocates for services, which promote the dignity and enrichment of life for all seniors, persons with disabilities, families and caregivers.

Desired Majors: Counseling, Information Technology, Nursing, Social Work.

Volunteer/ Internship Opportunities: Virtual Senior Center Home Visitor, Friendly Visits, Meals on Wheels Delivery, Small Group Leader: Health, Wellness, Recreation Activities.



Frederick County Department of Emergency Communications

https://frederickcountymd.gov/70/Department-of-Emergency-Communications

5370 Public Safety Place, 3rd Floor Frederick, MD 21704 (301) 600-1603

Jennifer Stahley jstahley@frederickcountymd.gov

The Department of Emergency Communications serves as the PSAP (Public Safety Answering Point) answering and distribution point for all 911 emergency and non-emergency request for assistance in Frederick County. The Communications Center provides both Basic 911 and Enhanced 911 (E911), which provides more specific location information on the whereabouts of a wireless caller by using latitude and longitude. Within the past year, we began TEXT to 911. This allows the public to TEXT an emergency to 911. We are working on a NEXTGEN 911 (NG911), which will allow pictures and videos to be sent to 911 along with texting.

Desired Majors: Communications, Criminal Justice.



Frederick Food Security Network

http://ccws.hood.edu/ffsn/

401 Rosemont Avenue Frederick, MD 21701 (301) 696-3289

Connie Ray ray@hood.edu

The Frederick Food Security Network is a community gardening program from the Hood College Center for Coastal and Watershed Studies. We are working with community partners to establish a network of community gardens in Frederick, MD in order to: (1) Improve food security for residents of local food deserts; (2) Reduce local water pollution by diverting rooftop runoff for use as irrigation, and (3) Promote better eating habits and environmental stewardship in the Frederick community. We need volunteers for a range of responsibilities, including completing garden tasks, assisting in produce preparation and distribution, aiding in garden construction, social media and marketing, assisting in education and outreach, and more.

Desired Majors: Biology, Business Administration Communications, Education, Environmental Science, Marketing, Non-Profit.

Volunteer/ Internship Opportunities: Volunteers in Gardens & Green House, Social Media Development, Marketing, Event Planning, Developing Nutrition Education Program.



419 West South Street Frederick, MD 21701 (301) 695-6633

Carolyn Chandler cchandler@therescuemission.org

The Frederick Rescue Mission is a Christ-centered ministry providing residential recovery programs to the homeless or chemically addicted, food to the hungry, clothing and furniture to the needy and connection within the Frederick community through relationships. Their method to this end is to meet basic human needs and equip others to do the same. The Mission is privately funded, utilizing donations from our community to operate all of our programs and services.

Desired Majors: Business Administration, Communications, Counseling, Economics, Education, Global Studies, Marketing, Non-Profit, Nursing, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Food Service, Food Distribution Center, Clothing Department, Driver Assistants, Office and Administrative Positions, Special Events.



Frederick County Volunteer Fire and Rescue Services

http://www.fcvfra.com/

5370 Public Safety Place Frederick, MD 21704 (301) 600-2356

Joyce Shry

ishry@frederickcountyMD.gov

The Frederick County Division of Volunteer Fire and Rescue Services is a combination department comprised of volunteer personnel and career employees that are affiliated with 25 private fire and rescue corporations. We are always looking for new operational volunteers – Firefighters, Emergency Medical Technicians and Paramedics. We provide the training to become an operational member while you devote the time to this demanding field. Our rewards are to provide quality professional services for fire suppression, emergency medical services, rescue, hazardous materials, and special response operations to approximately 254,000 residents in Frederick County.

Desired Majors: Biology, Communications, Criminal Justice, Nursing.

Volunteer/ Internship Opportunities: Firefighters, Emergency Medical Technicians, Paramedics.



Frederick County 4-H Therapeutic Riding Center www.fc4htrp.org/

Silverado Stables 11515 Angleberger Road Thurmont, MD 21788 (301) 898-3587

Debbie Endlich fc4htrp@aol.com

The Frederick County 4H Therapeutic Riding Program was established in 1984 to provide a safe and positive horseback riding experience for disabled citizens of the county. As a non-profit organization, we rely on a strong and committed group of professionals and volunteers to keep us going. Referrals from rider's families as well as the medical, teaching and social service professionals of the county keep us growing. The constant additions to our waiting list attest to our reputation as a reliable and respected organization. Our Mission is to provide Frederick County, Maryland citizens who have medically certified mental, physical and/or emotional disabilities with equestrian activities in order to learn basic horsemanship skills, improve physically with better muscle tone, balance and posture; We also encourage our riders to improve their emotional wellbeing by building self confidence and self-esteem—the I Can Do It attitude.

Desired Majors: Counseling, Education, Psychology, Social Work.

Volunteer/ Internship Opportunities: Side Walkers, help participants learn socialization skills such as patience, relating to others and their animal, learn physical skills: reaching, standing, sitting balance, learn education skills: recognize opposite, match puzzle pieces together, reading, colors and counting.



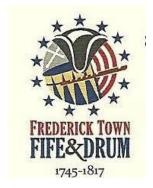
Frederick County Landmarks Foundation http://www.frederickcountylandmarksfoundation.org/

1110 Rosemont Avenue Frederick, MD 21701 (301) 668-6088

Mary Bowman-Kruhm marybk@mac.com

Frederick County Landmarks Foundation, (referred to as FCLF or "Landmarks") is a private non-profit organization. It promotes the preservation of historic sites, structures, natural landmarks and communities of Frederick County, Maryland and strives to increase knowledge and appreciation of them. FCLF owns Schifferstadt Architectural Museum, which is a main landmark and location of the FCLF office. Landmarks has additional historic properties: Beatty-Cramer House, and Zion Church and Cemetery. FCLF includes under its umbrella, the Frederick County Covered Bridge Preservation Society and the Frederick Sister Cities Association. FCLF also operates the Landmarks Historical Plaques Program.

Desired Majors: Art and Archaeology, Communications, History.



Frederick Town Fife & Drum

http://sonsofamericanrevolution.com/community-services/frederick-town-fife-drum/

2306 Roe Lane Frederick, MD 21701 (301) 606-8827

Donald Deering
Dadeering1776@comcast.net

Frederick Town Fife & Drum 1745-1817 (FTFD) is a non-profit, volunteer run organization sponsored by the Sgt. Lawrence Everhart chapter of the Sons of the American Revolution (SAR) in partnership with Frederick County Public Schools, area law enforcement, and other business and civic organizations. The FTFD performs at public or private events such as parades, historical celebrations and commemorations, concerts and street festivals and could help Frederick one day become the "Colonial Williamsburg of Maryland." The FTFD is not a competition corps, but has won several awards for outstanding performances in local events.

Desired Majors: Art and Archaeology, History, Music.



The Freedom Center

http://www.thefreedomcenter-md.org/

550 Highland Street Frederick, MD 21701 (301) 846-7811

Erinn Weidman

erinnweidman@thefreedomcenter-md.org

The Freedom Center is a non-profit organization committed to providing a wide array of services to assist individuals with disabilities to live independently, pursue meaningful goals, and have the same opportunities and choices as all persons. The mission is to offer services and supports to empower people with disabilities to lead self-directed, independent, and productive lives in a barrier-free community.

Desired Majors: Business Administration, Communications, Counseling, Marketing, Non-Profit, Psychology, Sociology, Social Work.

Volunteer/ Internship Opportunities: Reception and Administrative Work, Maintaining Files, Marketing Materials and Communication Efforts, Working with Consumers, Nursing Home Transitions.



Fountain Rock Park & Nature Center

https://www.recreater.com/294/Fountain-Rock-Park-Nature-Center

8511 Nature Center Place Walkersville, MD 21793 (301) 600-4460

Kelly Ketzenberger

kketzenberger@frederickcountymd.gov

Fountain Rock Park is Frederick's first environmental park on 22.5 acres of historical, ecological, and family-friendly land. Fountain Rock is listed with the Maryland Historical Trust. The Park is proud to offer the following amenities: Play Equipment, Trails, Quarry, Boardwalk, Fire Ring, Nature Center, WiFi in Nature Center, Lime Kilns, Fishing, and Grills.

Desired Majors: Art and Archeology, Biology, Communications, Environmental Biology, Environmental Science, History.



Girls on the Run of Mid & Western Maryland

https://www.gotrmidmd.org/

P.O. Box 1034 Frederick, MD 21702 (301) 471-4513

Leah Perry leah@gotrmidmd.org

Girls on the Run is a 501(c)3 nonprofit organization. At Girls on the Run we inspire girls to recognize their inner strength and celebrate what makes them one of a kind. Trained coaches lead small teams through our research-based curricula, which includes dynamic discussions, activities and running games. Over the course of the ten-week program, girls in 3rd-8th grade develop essential skills to help them navigate their worlds and establish a lifetime appreciation for health and fitness. The program culminates with girls positively impacting their communities through a service project and being physically and emotionally prepared to complete a celebratory 5K event. Girls on the Run of Mid & Western Maryland serves over 700 girls each year in Frederick and Washington Counties.

Desired Majors: Communications, Counseling, Marketing, Education, Non-Profit, Social Work. **Volunteer/Internship Opportunities:** Fall Interns, Spring Interns, Volunteer Coaches, 5K Event Volunteers.



Goodwill Industries of Monocacy Valley

http://www.gimv.org/

400 East Church Street Frederick, MD 21701 (301) 662-0622

Ramenta Cottrell rcottrell@gimv.org

Goodwill is many things. We are a donor-driven agency. We are a retailer. We are a contract services operation and a major recycler of textiles. But most importantly, we are a leader in workforce development services. Through classes, training, and work experience offered at our Employment Resource Centers, people develop the marketable skills they need to obtain and maintain meaningful employment. Goodwill transforms donations into jobs and job training for thousands of people in Frederick and Carroll Counties in Maryland each year. At Goodwill, we believe that all people, regardless of situation should have access to meaningful employment.

Desired Majors: Business Administration, Communications, Economics, Psychology, Social Work, Sociology.



Habitat for Humanity of Frederick County

http://www.frederickhabitat.org/

117 East Church Street Frederick, MD 21701 (301) 698-2449

Leslie Ajuria

volunteer@frederickhabitat.org

Established in Frederick in 1993 as an affiliate of Habitat for Humanity International, our mission is to help families in need achieve strength, stability, and self-reliance that comes with affordable home ownership. In line with our "hand up not hand out" philosophy, we partner with hardworking Frederick County families who cannot qualify for conventional mortgage, and who have no other way to own a home of their own. Our partner families work side-by-side with volunteers from the community to build, renovate or repair their homes.

Desired Majors: Accounting, Business Administration, Communications, Economics, Psychology, Social Work, Sociology.



Heartly House, INC.

https://www.heartlyhouse.org/

P.O. Box 857 Frederick, MD 21705 (301)418-6610

Dr. Inga James ijames@heartlyhouse.org

Heartly House is the only organization in Frederick County, Maryland, that provides comprehensive services to survivors of domestic violence, sexual assault, and child abuse. We have been providing these services since 1979. Services include: a 24-hour hotline, emergency shelter, individual and group counseling, victim advocate services and legal representation, medical advocacy, abuse intervention groups, and community outreach and professional education.

Desired Majors: Communications, Counseling, Psychology, Social Work, Sociology. **Volunteer/ Internship Opportunities:** Administrative Volunteers, Provide Childcare, Educational Outreach, Hotline Volunteers, Legal Volunteers, Special Events and Fundraising Volunteers.



Heritage Frederick https://frederickhistory.org/

24 East Church Street Frederick, MD 21701 (301) 663-1188

Jennifer Winter jwinter@frederickhistory.org

Heritage Frederick is a dynamic educational and cultural organization that recognizes the impact of Frederick County, Maryland, on our state, nation, and world. Heritage Frederick excels in engaging and interactive experiences that are relevant, accessible, and meaningful to all people.

Desired Majors: Art and Archeology, Education, History.

Volunteer/ Internship Opportunities: Docents, Research Assistants, Visitor Services, Museum Education Internships, Archival Internships, Registrar Internships, and Research Services Internships.



Hood College Alternative Breaks

401 Rosemont Avenue Frederick, MD 21701 (301) 696-3436

Rev. Beth O'Malley omalley@hood.edu

Our Alternative Break trips and volunteer/learning opportunities are open to everyone. Recent Alt. break sites have been Habitat for Humanity (the Gulf Coast and Key West, FLA), the Bricks School at Franklinton Center, Whitakers, North Carolina, and Bethany Beach, DE (visiting the Harriet Tubman Museum and Underground Railroad Trail.) We also work with local agencies such as 4-H Therapeutic Riding Center, Fountain Rock Nature Center, 2nd Street & Hope Meal Center, Earl's Place Transitional Men's Home and Samaritan Women Shelter.

Desired Majors: Biology, Coastal Studies, Education, Environmental Studies, Global Studies, History, Political Science, Psychology, Social Work.

Volunteer/ Internship Opportunities: Various Service Trips Throughout the Semester, Both Local and Across the United States.



516 Trail Avenue Frederick, MD 21701 (240) 566-3038

Dianne Elizabeth delizabeth@fmh.org

Hospice of Frederick County was founded in 1980 by a group of community volunteers who wished to offer compassionate support to terminally ill patients and their families, and to those who were grieving. Hospice is not about how you die, it is about how you live. Over the years, the program has grown in size and scope, but our focus remains the same: to honor each person's journey through illness or grief with dignified care, compassionate support and gentle guidance.

Desired Majors: Communications, Interdisciplinary Studies in Human Behavior, Psychology, Social Work, Sociology, Thanatology.

Volunteer/ Internship Opportunities: Direct Service Volunteers, Bereavement Volunteers, Natural Health Volunteers, Administrative Volunteers, Fundraising and Community Support.



The Housing Authority of the City of Frederick

http://www.hacfrederick.org/

209 Madison Street Frederick, MD 21701 (301) 662-8173

Veronica Henry vhenry@hacfrederick.org

The Housing Authority of the City of Frederick is an autonomous, non-profit private corporation created to address the need for low-income housing. Our mission is to engage with Frederick's low and moderate income residents by providing a healthy foundation for economic self-sufficiency through employment and educational supports in safe, affordable housing. Our goal is to provide quality low-income housing to everyone who qualifies for it, from senior citizens to special needs populations to growing families. Come be a part of a team the focuses on helping Frederick's low-moderate income residents THRIVE!

Desired Majors: Counseling, Education, Humanities, Interdisciplinary Studies in Human Behavior, Music, Organizational Leadership, Organizational Management, Psychology, Reading Specialization, Social Work, Sociology.

Volunteer/ Internship Opportunities: Early Learning, Educational Tutoring, Music Instruction and Enrichment, One-on-One Life Skills Coaching and Financial Wellness, Community Development, Resources Coordination Strategies, Mentoring, Public Outreach and Advocacy, Small Business Development, Employment Coaching, and more!



Interfaith Housing Alliance, INC.

http://www.interfaithhousing.org/

5301 Buckeystown Pike, Suite 320 Frederick, MD 21704 (301) 662-4225

Lacy Ames

lames@interfaithhousing.org

Interfaith Housing Alliance strengthens communities by providing affordable housing opportunities and supportive services to improve the quality of life and economic stability for seniors, working families, and individuals. For over twenty years, IHA has maintained a clear vision to create and preserve quality affordable housing to meet the needs of the residents of the communities we serve.

Desired Majors: Counseling, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Assisting with Interfaith Housing Alliance's Supportive Service

Program at our local Frederick Apartment Community.



Justice Jobs of Maryland, INC.

https://www.justicejobsmd.org/

118 North Market Street Frederick, MD 21701 (301) 694-2999

Bob Clegg ed@justicejobsmd.org

Justice Jobs offers college students the opportunity to make a real difference in their community by working as volunteer job counselors. This is one-on-one work with job applicants, many of whom come from the hardestto-serve parts of society. All volunteers complete a 4-hour orientation and training session which can be divided into two parts, in which they are introduced to Justice Jobs, trained on the job counseling process and roles (incl. instruction on all documentation), and involved in role-playing (focusing on the more sensitive parts of intake interviewing). Mentoring and observation is provided for new volunteers until they are proficient and self-confident in their roles.

Desired Majors: Counseling, Social Work, Sociology.

Volunteer/ Internship Opportunities: Conduct One-on-One Intake Interviews, Assess Applicant Cases, Recommend and Make Referrals, Coach Applicants on Interview Questions and Skills, Case Management, Facilitate Small Groups, Mentor Hired Applicants, Promote Retention and Advancement.



| LITERACY COUNCIL The Literacy Council of Frederick County

EMPOWERING ADULTS THROUGH ENGLISH LANGUAGE SKILLS

110 East Patrick Street Frederick, MD 21701 (301) 600-2066

Diana Halleman

staff@frederickliteracy.org

The Literacy Council of Frederick (LCFC) teaches adults the reading and other English language skills they need to provide for their families and to contribute to the well-being and prosperity of our community. We believe in: Sustaining our organization through responsible financial stewardship, sound management, and community engagement. Teaching a parent in order to educate a family. Educating our students in a learnercentered format with compassion, confidentiality, and respect. Producing a safer, healthier, economically stronger, and more vibrant community through adult literacy. Sustaining, empowering, and energizing a passionate, strong, dedicated volunteer base.

Desired Majors: Education, English.

Volunteer/ Internship Opportunities: Trained Tutors.



Marriage Resource Center of Frederick County

79 West Frederick Street Walkersville, MD 21793 (301) 898-8917

Shelley Aloi

shelley@marriagefrederick.org

The Marriage Resource Center of Frederick County was founded in 2005. Our Mission - Building strong marriages, families, and communities in Frederick County. The Marriage Resource Center of Frederick County is the only nonprofit in the Frederick Community that focuses exclusively on assisting individuals and couples to develop and maintain strong and vibrant relationships throughout a lifetime. We achieve this goal through a variety of relationship education services.

Desired Majors: Counseling, Psychology, Social Work, Sociology.



Mission of Mercy

https://www.amissionofmercy.org/

22 South Market Street Frederick, MD 21701 (301) 682-5683

Linda Ryan

lryan@amissionofmercy.org

Since 1994, Mission of Mercy has been providing free healthcare, free dental care, and free prescription medications to the uninsured, underinsured, and those who "fall through the cracks" of our healthcare system. Mission of Mercy now has 19 clinics providing nearly 25,000 free patient visits each year.

Desired Majors: Business Administration, Counseling, Nursing, Social Work.

Volunteer/ Internship Opportunities: Medical Division: Church Clinic Sites (Licensed and Non-Licensed), Paper Surveys for Patients. Administrative Division: Non-Profit Operations, Mailings.



New Horizons Support Network, INC.

http://zonesofpeacenh.blogspot.com/

Anastasia Rosen-Jones harpers' ferrynh@aol.com

New Horizons Support Network, Inc., is a non-profit organization that had been dedicated to empowering individuals, couples, families, communities, groups and organizations to overcome areas of conflict and divisiveness for more than forty-five years. Our methodology focuses on utilizing personal storytelling and group dialogue to reach expressed goals in our Coffee House Conversations, Storytelling and Support Group events. Our current efforts are directed to overcoming polarization in gender issues.

At New Horizons #MeToo is not a faceless movement! We know this because, with decades of experience behind us, we have seen the many faces of victimization. Thus, we are uniquely equipped to guide our participants in navigating the turbulent waters of the #MeToo Movement. We are calling our efforts in this area, in their present incarnation, moving beyond gender tyranny.

Desired Majors: Communications, Counseling, Marketing, Psychology, Political Science, Social Work, Sociology.

Volunteer/Internship Opportunities: Marketing: making our message, mission, and offerings more widely known. Research Assistants: obtaining copyright permissions from Library of Congress. Networkers, Communicators, and Program Planners: bring events to Hood College campus.



New Spire Arts

https://newspirearts.org/

115 East Church Street Frederick, MD 21701 (301) 620-4458

Alexandra Blond adblond@newspirearts.org

New Spire Arts offers programs for all ages, infants to adults, in music, multimedia, movement, and theatre arts. We offer classes and workshops for all ages, plus summer camps for K-9th grade. We release new classes three times a year – a fall semester, spring semester, and summer semester. We try to keep classes affordable and provide need-based scholarships. The education branch of New Spire Arts is split into five tracks; two adult, two teen, and one youth.

Desired Majors: Business Administration, Communication Arts, English, Psychology, Sociology. **Volunteer/ Internship Opportunities:** Programming Internships, Education Internships, Marketing Internships.



The Salvation Army

https://www.salvationarmymwv.org/the-corps/maryland/frederick/

919 North East Street Frederick, MD 21701 (301) 631-2489

Chris Raymer

chris.raymer@uss.salvationarmy.org

The Salvation Army in Frederick assists in many areas of social services. We make it our mission to help those in our community in need. Some, but not all of our social service programs are: Rental/Mortgage Assistance, Utility Assistance (Electric, Heating, and Gas), Prescription Assistance, Temporary Motel Placement, and Emergency Food Assistance.

Desired Majors: Business Administration, Communications, Counseling, Economics, Marketing, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Family Store: Sort Donations, Customer Service. Christmas Volunteering: Angel Tree at Mall, Bell Ringer, Take Applications for Christmas Assistance, Work at Christmas Warehouse. Music Classes in the Community.



Second Street and Hope

http://www.secondstreetandhope.org/

8 West 2nd Street Frederick, MD 21701 (301) 639-5962

Jamie Eaton

jamieeatoncounseling@gmail.com

Second Street and Hope is a small non-profit organization focused on service the homeless and those in poverty. Our mission is to alleviate the pain of personal poverty through emergency provision, and eliminate the problem of persistent poverty through personal mentoring and education.

Desired Majors: Counseling, Interdisciplinary Studies in Human Behavior, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Serve Dinner to the Community on Wednesday and Saturday Evenings.

3701 Commerce Drive, Suite 103 Baltimore, MD 21227 (410) 242-1515

Luke Weierbach lweierbach@somd.org

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for persons eight years of age and older with intellectual disabilities. This gives them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendship of families, other Special Olympics athletes and the community.

Desired Majors: Education, Counseling, Psychology, Social Work, Sociology.



Student Peace Awards Program of Frederick County

http://frederick.studentpeaceawards.org/

3232 Green Valley Road Ijamsville, MD 21754

peace@studentpeaceawards.org

The Student Peace Awards of Frederick County, Maryland, is a part of a network of programs that honor junior and senior high school students who have made a positive contribution to their school or wider community by promoting mutual understanding and respect for all people.

Desired Majors: Communications, Education, Non-Profit, Social Work.

Volunteer/Internship Opportunities: Liaison with High School Principals in Frederick County, Research Local Resources and Suitable Opportunities for Student Participation, National Expansion of Program.



Ulman Cancer Foundation

www.ulmanfund.org/

1215 East Fort Avenue, Suite 104 Baltimore, MD 21230 (410) 964-0202

Jennifer Antonelli jantonelli@ulmanfund.org

The Ulman Cancer Fund for Young Adults has been changing lives by creating a community of support for young adults, and their loved ones, as they fight cancer and embrace survivorship since 1996. Founded by the Ulman family after their son, Doug Ulman, was diagnosed with cancer during his sophomore year at Brown University the Ulman Cancer Fund for Young Adults has worked tirelessly to give young people facing cancer the support and care that they deserve.

Desired Majors: Communications, Education, Marketing, Non-Profit, Social Work, Sociology. **Volunteer/Internship Opportunities:** 4K Cancer Participants: Runner or Rider! Ulman House Volunteers: Check-In Desk, Meal Prep, Housekeeping, Activity Hour.



UNESCO Center for Peace

http://www.unescocenterforpeace.org/

Sharon Welch

swelch@unescocenterforpeace.org

To promote understanding of UNESCO's mission and ideals and to translate them into programs that will help raise a generation of Peacemakers, placing Human Dignity at the center if their activities and striving to make the culture of peace a commodity of everyday life through Education, Science, Culture and Communication.

Desired Majors: Business Administration, Communications, Education, Global Studies, Psychology, Sociology.

629 North Market Street Frederick, MD 21701 (301) 663-4231

Shana Knight sknight@uwfrederick.org

United Way improves lives by mobilizing the caring power of communities around the world to advance the common good. United Way advances the common good by creating opportunities for all. Our vision is focused on education, income and health - the building blocks for a good quality of life and strong community. United Way believe that everyone – regardless of where they started or ended up – should have the opportunity to be great. Sometimes the only thing a person needs in order to turn things around is the opportunity to do so. Through investment in evidence-based solutions, United Way of Frederick County invests in the outcomes those solutions provide and, in turn, the people the new opportunities enable.

Desired Majors: Business Administration, Communications, Counseling, Economics, Education, English, History, Marketing, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Day of Action, Summer Serve Program, Martin Luther King Day of Service, Budget Coaching, Stuff the Bus. Community Impact Internships, Digital Content Internships, Graphic Design Internships, Journalism and Multimedia Internships, Prosperity Center Internships, Volunteer Engagement Internships.



P.O. Box 1279 Frederick, MD 21702

Laura Schwartz & Trish Crum info@wagsforhope.org

Wags for Hope (WFH) is a non-profit organization that provides volunteers with their pets to bring joy to the lives of others. We visit Nursing Homes, Assisted Living Facilities, Hospitals and with Hospice. In addition, we supply local libraries and schools with certified R.E.A.D.® teams, who are using their animals as a conduit to help improve the literacy skills of the children in our community. We aspire to be a "one-stop shopping" organization supplying animal visitations for therapy purposes needed in Frederick, MD, and the surrounding areas.

Desired Majors: Education, English, Nursing, Psychology, Social Work, Sociology, Thanatology.



Woman to Woman Mentoring Program, INC.

http://www.womantowomanmentoring.org/

7932 Opossumtown Pike Frederick, MD 21702 (301) 846-2556

Tonya Hatosy-Stier tonya@womantowomanmentoring.org

Woman to Woman Mentoring Inc. (W2WM) is a 501c3 non-profit whose mission is to cultivate mentoring relationships that provide women with guidance, support, and community connections.

Through its programming, W2WM strives to strengthen, enrich, and empower women by offering access to one-on-one mentoring relationships, life-skill workshops, group peer mentoring circles, and community connections.

W2WM CORE Program

(Connections. Opportunities. Relationships. Empowerment.)

The CORE program assists women who desire personal and professional guidance through mentoring relationships focused on career, education, and life. The program is a unique mentoring model that blends one-on-one mentoring, monthly life-skill workshops, networking, skill development opportunities through its social enterprise W2WM Pop-Up Shop, and volunteer opportunities.

Desired Majors: Business Administration, Communications, Counseling, Economics, Non-Profit, Psychology, Social Work, Sociology.

Volunteer/ Internship Opportunities: Mentor Match. Volunteer with our non-profit's social enterprise, W2WM's Pop-Up Shop, to collect & sort donations, work during Pop-Up Shops in the community, Volunteer at various W2W events. STEM Mentorship Program.