

## Scope of Care: Counseling Services Provided by Monocacy Health Partners

Hood College provides counseling services to all students through a contractual agreement with Monocacy Health Partners, LLC. Services are offered on-site at the FMH Toll House facility (501 West 7<sup>th</sup> Street).

Consistent with the mission of Hood College, counseling services are available to students in order to support both academic and personal learning and growth. To that end, Monocacy Health Partners counseling services' role is threefold: 1) to provide short-term clinical services to help students meet academic and personal wellness goals; 2) to partner with the Hood College Director of Wellness to provide mental health education, consultation and outreach on campus; and 3) to provide crisis intervention at both the individual and community level.

Monocacy Health Partners staff are Licensed Clinical Professional Counselors (LCPCs) as well as Hood College graduate students in the Masters in Counseling program who are supervised by LCPCs. The staff's primary focus is to provide time-limited clinical services to Hood College undergraduate and graduate students. All students seeking mental health services are first seen for an initial intake assessment according to clinician availability. Through this initial intake assessment, clinicians will make a determination about how to best meet the student's specific needs. If the student's mental health needs are appropriate for short-term care, the student is assigned to a clinician for up to six (6) weekly sessions (roughly consecutive weeks, however this may be interrupted by academic breaks, exam periods, and/or clinician availability). Each licensed clinician has a limited number of longer-term slots (maximum 12 sessions per academic year per student) depending on availability and whether the student's needs can be appropriately met through these services.

For some students, due to their specific challenges and concerns, they may be better served through referrals to community agencies and providers, as determined at the initial assessment. Other students may be seen by a clinician for stabilization and development of coping skills in the short term, and then referred to outside treatment.

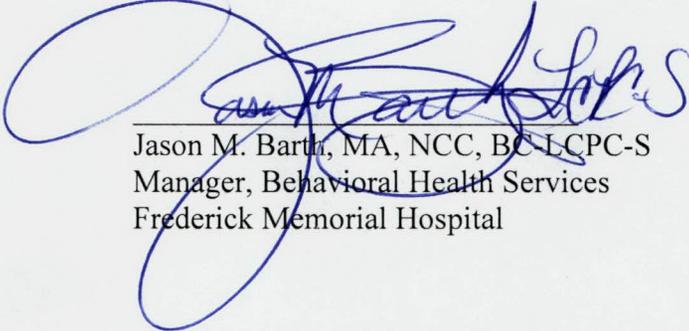
The following scenarios, among others, are consistent with issues that may require community referral.

- A student has long-term treatment needs outside the scope of care of counseling services, including but not limited to:
  - Attending counseling more than once a week
  - Active eating disorders
  - Other conditions for which a time-limited treatment model is not appropriate
- A student needs or desires services not provided by counseling services, including:
  - Virtual or distance counseling
  - Intensive outpatient or inpatient treatment
  - Comprehensive substance abuse treatment and/or medical detoxification
  - Long-term mandated treatment

- Psychological evaluations and assessments (e.g., ADHD, cognitive or learning disabilities)
- Other specialized services beyond the scope of Counseling Services
- A student is unable to comply with treatment (e.g., repeated no-shows).
- A student is already receiving ongoing treatment from another mental healthcare provider in the area.

This list reflects general guidelines and is intended only as a guide. Each case will be specifically evaluated in accordance with professional standards and failure to follow this guide does not evidence breach of professional standards or duties in any particular case.

  
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