

JULY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 11:30 a.m. Workout Wednesday with Erika Moyer via Social Media	2 11:30 am Koru Mindfulness with Beth O'Malley via Social Media	3 Holiday Observance of Independence Day. OFFICES CLOSED	4
5	6 Noon Mindfulness Meditation Beth O'Malley via Social Media	7 1 p.m. President's Office Hours	8 11:30 a.m. Workout Wednesday with Erika Moyer via Social Media 1 p.m. Talk with Senior Team Members -Debbie Ricker and Laurie Ward	9 11:30 am Koru Mindfulness with Beth O'Malley via Social Media	10 Summer Hours	11
12	13 Noon Mindfulness Meditation Beth O'Malley via Social Media 1 p.m. Virtual Book Club <i>The Vanishing Half</i>	14 1 p.m. President's Office Hours	15 11:30 a.m. Workout Wednesday with Erika Moyer via Social Media 1 p.m. Dr. Allen Flora hosts virtual Kahoot game activity	16 11:30 a.m. Koru Mindful- ness with Beth O'Malley via Zoom 2 p.m. HR meeting with Supervisors	17 Summer Hours	18
19	20 Noon Mindfulness Meditation Beth O'Malley via Social Media	21 1 p.m. President's Office Hours	22 11:30 a.m. Workout Wednes- day with Erika Moyer via Social Media	23 11:30 am Koru Mindfulness with Beth O'Malley via Zoom 2 p.m. HR Meeting with Employees	24 Summer Hours	25
26	27 Noon Mindfulness Meditation Beth O'Malley via Social Media 1 p.m. Virtual Book Club <i>The Vanishing Half</i>	28 1 p.m. President's Office Hours	29	30	31 11:30 a.m. Fifth Friday -100th birthday celebration for Alumnae House Summer Hours	