



**STUDY  
ABROAD  
ASSOCIATION**



## **Belize**

**Focus: EMS - Nursing and Allied Health**

**Length: 9 Days**

**Dates: May 22-30, 2023**

**Program Cost On Ground Only: \$2,585\* Ratio 10:1**

**Program Cost with Airfare: \$3,685\* Ratio 10:1**

\*Program price stands as an estimate until ticketing is finalized.



**HOOD  
COLLEGE**



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## Program Information

Tucked between the Caribbean Sea and the rainforest on the eastern coast of Central America, Belize is the home of a small and diverse nation. The country, formerly known as British Honduras, was the United Kingdom's last colony on the American mainland and still maintains strong ties with Britain.

The official language of Belize is English, making it ideal for our student groups to communicate effectively and interact with local community and medical professionals.

During this program, students will get an overview of the Ministry of Health and Social Medicine in Belize in addition to a look at traditional natural Maya Medicine and Remedies. Participants will have the opportunity to shadow medical professionals in diverse medical areas.

### **Healthcare** in **Belize: Maya Medicine and Remedies:**

The healthcare system of Belize is comprised of both public and private medical services. Under public healthcare, most Belizeans are entitled to free or low cost healthcare at Government-run hospitals and clinics around the country. However, the majority of funding is directed towards healthcare services in the capital city. Private medical services are also available in Belize, however, patients are required to pay a fee for services.

A traditional medicine system is the patrimony of a nation and its people. Maya traditional healing dates back to perhaps 5,000 years, but was nearly destroyed by the Spanish Conquest of the 15th century. The Conquistadores saw native healers as a detriment to mass conversion to Christianity. Thus all forms of traditional healing became erroneously associated with witchcraft and were outlawed by the Spaniards. Since then, it has been a constant struggle for true healers to overcome the stigma of witchcraft.







## Why Study Abroad Association?

Since 2009, Study Abroad Association has been committed to customizing the most in-depth and affordable short-term, faculty-led study abroad and service learning experiences. We have been working with colleges and universities across the United States to assist in achieving their international education goals.

All programs revolve around our core values of Education, Authenticity, Affordability, Sustainability, and Safety.



### Authenticity & Affordability

By collaborating with local partners we enable our travelers to have unique experiences while supporting local economies. This allows us to provide authentic and locally designed experiences and keep our costs low.



### Education

All SAA programs are built on the foundation of education. We offer unique programs in over 12 areas of study, striving to offer programs to underserved academic fields such as STEM, Business, Allied Health, Humanities.



### Customer Service

A dedicated Account Manager will assist during the entire process. We fully understand the challenges that go into organizing the perfect faculty-led programs. We will assign you an account manager fully dedicated and available to assist you at every point of your process.



### US Based

We are a fully insured and accredited US organization with the advantages of having direct operations in more than 25 countries. We also have strong partnerships with local universities to ensure credits and educational methods are fully respected.



### Safety

Safety is our number one priority. To ensure our travelers are completely protected throughout the program, we provide an all-inclusive travelers insurance policy. We also provide comprehensive risk management procedures and training before the program starts.



### Sustainability

We promote sustainability with all our programs, visiting local communities and projects in need, as well as establishing long-lasting relationships and positive impacts with everyone we collaborate with.



# Program Itinerary



## Day 1 - Belize City - Monday, May 22

Depart for Belize City, Belize

Arrive Belize City

Group Lunch

Transfer to San Ignacio (*approx. 2 hours*)

Check in, Relax & Refresh

Orientation Tour of San Ignacio

Welcome Dinner - *The group will be taken for an authentic dinner with a variety of menu options to cater all diets.*

## Day 2 - San Ignacio - Tuesday, May 23

Breakfast & Day Briefing

Xunantunich Ancient Maya Archaeological Site -

*The name of this ancient Mayan ruin is a tongue twister, but to indigenous peoples who made this sacred site their home for millennia, Xunantunich was a safe, secure hilltop area with plenty of vantage points, just in case a neighboring army of usurpers or explorers from abroad sought to claim this stronghold.*

Group Lunch

Medicinal Gardens & Iguana Farm

Meeting With Local Medical Authorities - *Discussion of Clinics, Protocol - mobile clinics, Health Care System in Belize and Social Medicine.*

## Day 3 - San Ignacio - Wednesday, May 24

Breakfast & Day Briefing

9 AM - 5 PM Clinic Day 1 (*Lunch Provided*)

Structured Free Time

Group Meeting & Discussions

## Day 4 - San Ignacio - Thursday, May 25

Breakfast & Day Briefing

9 AM - 5 PM Clinic Day 2 (*Lunch Provided*)

Structured Free Time

Group Meeting & Discussions

## Day 5 - San Ignacio - Friday, May 26

Breakfast & Day Briefing

9 AM - 5 PM Clinic Day 3 (*Lunch Provided*)

Nursing Workshop

Group Meeting & Discussions

## Day 6 - San Ignacio - Saturday, May 27

Breakfast & Day Briefing

9 AM - 5 PM Clinic Day 4 (*Lunch Provided*)

Structured Free Time

Group Meeting & Discussions





## Program Itinerary



### Day 7 - Caye Caulker - Sunday, May 28

Breakfast & Day Briefing

Transfer to Belize City via Blue Hole National Park

Ferry to Caye Caulker (approx. 45 mins)

Check-In - Relax & Refresh

Island Orientation Tour

Group Meeting & Discussions

### Day 8 - Caye Caulker - Monday, May 29

Breakfast & Day Briefing

**Snorkel Hol Chan Marine Reserve** - *The Hol Chan Marine Reserve was established as a marine protected area in 1987 under the Laws of Belize. It incorporates the southernmost marine and coastal areas of Ambergris Caye including the barrier reef, seagrass beds and the mangrove islands of Boca Chica and Cangrejo Shoals. A zoning scheme was developed in order to ensure sustainable use and guarantee its conservation. Hol Chan is divided into four zones which include no-take areas and zones that regulate and promote sustainable fishing practices.*

**Free Time & Cultural Immersion**

**Farewell Dinner & Program Closing** - *The group will be taken for an authentic dinner with a variety of menu options to cater all diets.*

### Day 9 - Return - Tuesday, May 30

Breakfast & Day Briefing

Ferry Transfer to Belize City (First Ferry)

Airport Transfer

Depart Belize City for Home



## Program Highlights

- Local Clinics
- Nursing Workshop Local Medical Staff
- Hospital Site Visits, Observations & Rotations
- Xunantunich Maya Archaeological Site
- Medicinal Gardens and Iguana Farm Visit
- Blue Hole National Park
- Snorkel Hol Chan Marine Reserve
- Sunset Sailboat Cruise

## Program Includes

- Roundtrip Airfare
- 8 Nights of Accommodation
- Daily Continental Breakfast
- All Ground Transportation
- 7 Group Lunches
- Welcome & Farewell Dinners
- Full Time Guidance & Assistance
- Travelers Insurance

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## All of our programs are 100% customizable.

Is there an experience you'd like to provide the students that's not included in the itinerary.  
**Let's add it!**

Are there sites that better fit your subject than the ones provided?  
**Let's swap them!**

Tell us your dream itinerary and we'll work with you to make it a reality.



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Click [here](#) to see all of our affiliated Institutions & Consortiums

## #wearestudyabroad

Study Abroad Association has launched a **Private Facebook Group** made of educators, professors, directors, industry expert and like-minded people that would like to contribute, share and learn more about anything related with study abroad, faculty-led and service learning programs.



Click [here](#), or search on Facebook “#wearestudyabroad” and request your free access today.

## Top Quality - Read all our [5 Star Reviews](#)

Go and have fun reading all our public reviews of both students and educators on our Facebook page. In conjunction with those feel free to reach out to any reference we have. Due diligence is essential when choosing the right program for your students.


## Testimonials



**Cring Rosby**  recommends Study Abroad Association.  
April 4 · 

This was my first trip as a professor taking students abroad. Christian and his team were magnificent. Everything was taken care of, accommodations were excellent, the guides were friendly. My students had an opportunity to earn college credit while abroad and Christian personalized our trip to meet those needs. I fully recommend the Study Abroad Association, and I can't wait to attend next year.





**Brad Schatzel** reviewed Study Abroad Association —  5\*  
May 22 · 

Outstanding tours at the lowest prices in the industry. Our institution has worked with the Study Abroad Association on five study tours to locations as diverse as China, Central Europe, and Costa Rica.

SAA worked with us to build an itinerary that was both educational and a ton of fun. The local guides far exceeded our expectations.



**Amber Carey-Jernigan** reviewed Study Abroad Association —  5\*  
July 13 at 10:16 AM · 

Christian and his guides arranged an amazing and affordable adventure for our students.

The guides' expertise was unmatched. I have studied abroad before and have never had such knowledgeable, friendly, and fun guides. I definitely will be using SAA for all our future trips.



View more reviews on Facebook:

[@studyabroadassociationpage](#)

## References

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[studyabroadassociation.com/about](http://studyabroadassociation.com/about)

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