

Art Therapy (B.A.) Student Learning Outcomes

1. Foundational Learning: Show proficiency in the foundational learning content areas of psychology and studio art.

- 1.1 Develop working knowledge of the foundational theories and content of developmental psychology.
- 1.2 Demonstrate working knowledge of the foundational theories and content of abnormal psychology.
- 1.3 Demonstrate studio art proficiency in two-dimensional art media techniques and processes.
- 1.4 Demonstrate studio art proficiency in three-dimensional art media techniques and processes.

2. Art Therapy Knowledgebase: Demonstrate familiarity with the major concepts, theoretical perspectives, technique, and historical trends in art therapy.

- 2.1 Describe key concepts, principles, historical trends, and overarching themes in art therapy.
- 2.2 Distinguish among the therapeutic benefits of various art processes and media, strategies, and interventions as well as their applicability to treatment for individuals, groups, and/or families.

3. Ethical & Social Responsibility In A Diverse World: Understand and apply the ethical principles and professional codes of practice for art therapists as they apply to clinical practice, communities, and self.

- 3.1 Show understanding of the ethical principles and professional codes of practice for art therapists.
- 3.2 Recognize the legal, ethical, and cultural considerations required for conducting art therapy research.
- 3.3 Recognize that art therapy uses a multicultural perspective and considers how specific values, beliefs, and actions are influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.

4. Working Knowledge: Recognize and show working knowledge of the use of imagery, creativity, symbolism, and metaphor to express challenges and strengths as well as promote growth and well-being.

- 4.1 Demonstrate knowledge of the principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology to the assessment and treatment of clients.
- 4.2 Articulate clinical theory and applied practice through written and oral communication across broad interdisciplinary communities.
- 4.3 Comprehend and apply creative and aesthetic processes in the context of creative arts therapy theory and practice.