

ATTENTION UNDERGRAD AND GRAD STUDENTS

Make your mental health a priority!

Meet virtually with a Hood College Counselor
FREE of charge!



It's easy to make an
appointment:
Call 301-698-8374
option -1

AVAILABLE WHILE CLASSES ARE IN SESSION

Anytime before Nov 25 and after Jan 3

Monday - Friday
10 a.m. - 6 p.m.

Other Resources?

Mental Health providers close to campus -
Advanced Behavioral Health: www.abhmaryland.com

Mental Health referrals -Thriving Campus:
hood.thrivingcampus.com

Substance Abuse & Mental Health Services Administration
(SAMHSA): www.samhsa.gov

National Suicide Prevention Lifeline 1-800-273-8255

The Trevor Project (LGBTQ Suicide Hotline): 1-866-488-7386

Trans Lifeline: 1-877-565-8860

Crisis Text Line: Text HOME to 741741

·Crisis Text Line for Students of Color: Text STEVE to 741741