



ISOLATION IN PLACE GUIDELINES

Residential students who have been directed to quarantine or isolate are required to make arrangements to do so off-campus. If a student is unable to isolate off campus, they must seek approval to isolate in place by the director of wellness. Isolation-in-place is for individual students who have tested positive and need to isolate in their own room. The director of wellness will review and approve all requests to isolate in place based on distance travelled, severity of illness and other important factors. The following guidelines are for students isolating in place.

It is important that students adhere to all health and safety standards established as described on the COVID-19 website. If a student does not comply with these protocols, the student is subject to immediate removal from class/es or removal from campus housing and may be suspended or dismissed from the College.

Instructions for Isolating In Place

Limiting Exposure to Dorm/Suitemates

Students isolating in place must wear a well-fitted mask such as an N-95 or KN-95 if sharing a dorm room with a roommate or suitemate. Students should disinfect frequently touched surfaces such as light switches and door handles regularly.

Dorm Rooms with Shared Bathrooms

Students isolating in place are permitted to leave their dorm room to use shared bathrooms. Students are encouraged to avoid using shared bathrooms during peak times to limit potential exposure to other residents. Students must wear a well-fitted mask such as an N-95 or KN-95 when possible (i.e. to/from shared bathrooms, while in toilet etc.). Students should use cleaning products placed in hall bathrooms to wipe shared surfaces in hall bathrooms. Students must immediately return to their rooms and may not socialize or linger in residence halls/suite. Students should disinfect surfaces such as light switches and door handles.

Accessing Meals

Students isolating in place must pre-order meals using an online meal order form. All meals must be ordered the day before. Students who are isolating in place are permitted to leave their dorm room to pick up their pre-ordered meal so long as they wear a well-fitted mask such as an N-95 or KN-95. Students must return with their meals to their rooms and may not eat, socialize or linger in dining halls.

Students who are at increased risk for illness must pre-order meals using an online meal order form. All meals must be ordered the day before. A Blazer Support Team volunteer will deliver meals to the residence door and the student will be alerted via text message.

Health & Counseling Support

Isolated students will have access to remote physical and mental health care (or in person if condition warrants emergency care/hospitalization) from their own personal medical providers and/or the following:

[Hood College Health and Counseling Services](#)

[NeighborHood Counseling Training Clinic](#)

[Advanced Behavioral Health](#)

[Mental Health Association of Frederick County](#)

[Thriving Campus](#)

[Frederick Health Hospital](#)

EMS (911) contacted for transport of students in need of emergency medical care.

Academic Support and Guidance

Students in isolation will not be able to attend classes in person. Depending on their circumstances/symptoms, students may be able to take part in learning and submission of assignments remotely via recorded lectures or assignments posted on Blackboard. However, it is recognized that some students may be too ill to participate in classes and coursework for a period of time. For additional information, please contact the Student Success Center at 301-696-3569 or academicservices@hood.edu or, if applicable, accessibility services at accessibilityservices@hood.edu.

Important tips for students in quarantine or isolation

- **Keep your phone charged.**
- **Seek prompt medical attention** if your illness is worsening (e.g., difficulty breathing).
- **If you need urgent medical care, dial 911.**
- **Notify the director of wellness and wear a well fitted face covering** if you must leave your room to access medical care.
- **Regularly and thoroughly clean your hands** with soap and water for 20 seconds, or use an alcohol-based hand rub (containing at least 60% alcohol).
- **Avoid touching eyes, nose and mouth.**
- **Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze.** Then dispose of the used tissue immediately. Follow by washing your hands.
- **Do not share** dishes, drinking glasses, cups, eating utensils, towels or bedding with other people.
- **Clean high-touch surfaces** daily with disinfectant wipes. High-touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets and bedside tables.
- **Take good care of yourself and know that this situation, though challenging, will soon pass!**

If you have questions, please contact the director of wellness at wellness@hood.edu, or 443-300-7449.

Blazer Support Team

- Role of Blazer Support Team (BST) Members

To ensure consistent and timely communication and support, members of the Blazer Support Team (volunteers) will be assigned to students who are unable to quarantine or isolate at home or in their own dorm room. These volunteers will be responsible for ensuring the needs of students in isolation/quarantine are ascertained and conveyed to the appropriate campus personnel. The volunteers will not enter the quarantine/isolation space when delivering or picking up items at the residence. They provide the following services (weekdays and weekends):

- Regularly check in on the isolated student via text, telephone, Zoom, FaceTime, etc.
- Provide twice daily meal delivery service and notify student via phone/text as meals are placed at the door to the residence. Students will order meals online from Aramark.
- Conduct coordinated supply runs for students (med, Kleenex, hygiene products, laundry, etc., if needed).

The director of wellness will serve as the coordinator for the Blazer Support Team volunteers.

- Students will follow the following protocol to retrieve belongings from their room:

Upon notification that a student is being quarantined/isolated, the student should go immediately to her/his room to retrieve personal belongings before going to the designated room assigned by the director of wellness. Students will have 15 minutes to gather belongings before going to the designated Q/I room. Suggested items to gather include but are not limited to the following:

- Textbooks and notebooks
- Laptop, iPad, phone, chargers
- Medication
- Toiletries and clothing
- Safety kit, including a thermometer, hand sanitizer, gloves etc.

The director of wellness will review Q/I protocols, discuss student's schedule, plan for meal delivery, etc. A member of the Blazer Support Team will deliver meals and supplies, if needed, using appropriate protocol, at the front door of the quarantine or isolation space, and text student of delivery/pick up.